

### Allergy Guide

**VG** **FD**

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**+S**

**Mattisse Gluten Free Toast** **8.0**

**or**  
**Panini Roll**

With Butter or Nuttelex and Choice of Honey,  
Mighty Mite or Home-Made Preserves

**VG** **F**

**+SE**

**Pot-Set Coyo** **16.5**

Lavender, Pineapple, Passionfruit,  
Ginger Cluster

**VG** **F**

**+SE**

**Avo Smash** **17.5**

On Buckwheat Sourdough, Ras El Hanout  
Dukkah, Lemon, Mint, Pomegranate

+Poached Egg +2.8

+Crispy Tofu +4.2

**VG** **FD**

**Tutti-Frutti Hotcake** **19.5**

Rosewater Coco Mousse, Seasonal  
Fruits, Brittle Crunch, Blooms

### Allergy Legend

**V** Vegetarian

**L** Dairy free

**VG** Vegan

**+S** Contains soy

**S\*** Can be soy free

**E** Egg free

**F** Fructose friendly

**FD** FODMAP friendly

**F\*** Can be made FODMAP

**+SE** Contains Sesame



All dishes are 100% gluten free.



All dishes are 100% nut free.



If it's vegan it is also E, L, V friendly.

Please note there is a 10% Surcharge on Public Holidays



### Allergy Guide

**V** **FD**

Traces Of Soy

**VG** **F**

**+S**

**F** **V**

**+S** **S\***

**+SE** **F\***

Depending on  
Lactose Tolerance

#### Zuchinni Waffle

19.0

Pickled Cucumber, Confit Tomato,  
Fetta, Beetroot Relish, Poached Egg

+Bacon Or Tataki Salmon + 4.8

#### Cheesy Corn & Jalapeno Fritters

18.0

Smashed Avo, Tomato Salsa, Smoked  
Mayo, Herbs, Pepita Brittle

+Poached Egg + 2.8

+Bacon + 4.8

#### Traditional Turkish Cilbir Eggs

19.0

House-made Dill Labneh, Poached Eggs,  
Smoked Eggplant, Spinach, Paprika  
Butter, Pomegranate, Toasted Panini

+Pulled Ham Hock +4.8

#### Omelette Of The Day

Ask Our Staff About Today's Special

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**V**

#### Eggs & Toast

10.5

2 Free Range Eggs any way you like with Mattisse Buckwheat Toast

#### Extras

+Extra Toast, Beetroot Relish, Wilted Spinach, Extra Egg, Chipotle Hollandaise + 3.0  
Per Item

+Miso Mushrooms, Marinated Fetta, Confit Tomato, Smashed Avo, Crispy Tofu, Labneh + 4.5  
Per Item

+Bacon, Maple Bacon (add \$1), Pulled Ham Hock, Tataki Salmon + 5.8  
Per Item

#### Kids Stuff

**L** **FD**

#### Little Brekky

9.5

Fried or Poached Egg, One Slice of Toast, Half Serve of Bacon

**VG** **FD**

#### Kids Hotcake

13.0

Seasonal Fruit, Maple, Rosewater Coco Mousse

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#### Cypriot Grain Salad

19.8

Roast Pumpkin, Quinoa, Puy Lentils, Pepita, Currants, Lemon, Capers, Pomegranate

+Fetta +3.0

#### Gado Gado Veggie Bowl

21.0

Pepita Satay, Brown Rice, Pickled Cucumber, Raw Veggies, Edamame, Chilli Paste, Soy Mince

+Crispy Tofu +4.2  
+Tataki Salmon +4.8

#### That's Not A Vegan Burger

23.0

Potato, Vegetable & Edamame Patty, Beetroot Relish, Fat Pickles, Spinach, House-Made American Mustard, Smoked Mayo

+Meat Option +3.5  
+Side Of Sweet Potato Chips +4.0

#### Sweet Potato Chips

9.5

With Smoked Mayo & Beetroot Relish

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## Hot Drinks

### Coffee

Espresso, Ristretto, Long Black	<b>3.9</b>
Short Macchiato, Long Macchiato	<b>3.9</b>
Latte, 3/4 latte, Piccolo latte, Cappuccino, Flat white, Magic	<b>3.9</b>
Chai Latte	<b>4.2</b>
Mocha, Hot Chocolate (mix is vegan + organic)	<b>4.2</b>
+ Chilli, Salted Caramel, Spiced Orange, Peppermint or Gingerbread	+ 0.5

Gingerbread Latte **4.5**

*Decaf available for all selections* + 0.4

+Mug size	+ 0.6
+Strong	+ 0.3
+Double shot	+ 0.6
+Lactose free milk, Rice milk, Soy milk	+ 0.5
+Coconut-Rice Milk Blend	+ 0.6
+Coconut milk	+ 1.0

### Tea

English Breakfast, Irish Breakfast, Vanilla Chai, Earl Grey, Lady Grey, French Earl Grey, Green tea **4.0**

#### *Caffeine free:*

Rose Garden, Rooibos, Chamomile, Lemongrass & Ginger, Peppermint, Chai blend **4.0**



## Cold Drinks

### Hepburn Springs drinks

4.2

Organic Cola, Lemonade, Ginger Beer, Lemon, Lime and Bitters, Mineral Water

### Organic Kombucha or Kefir Soda

6.0

Ask Our Staff for Today's Flavours

### Feast Raw Juices

7.0

French Lavender, Blueberry, Apple and Banana  
Jasmine, Strawberry, Apple, Coconut and Lemon  
Lemon Myrtle Apple, Pear and Lime  
Orange, Pineapple and Turmeric

*See our blackboard for the Feast Raw Juice of the week*

Milla Organics Orange Juice Or Apple Juice

5.0

### Shakes

6.5

Chocolate, Choc Mint, Caramel, Salted Caramel, Strawberries and Cream, Espresso

### Iced Treats

6.2

Iced Coffee, Iced Chocolate, Iced Mocha, Iced Chai

+Can be made with Rice milk or Soy

+ 0.5

+Coconut milk

+ 2.5

Kids size

4.5

### Cold Coffee

Affogato, Iced Latte

4.5

Cafe Freddo (tall or short), Vegan

5.0

Vietnamese Iced Coffee, Cold Drip