

### Allergy Guide

**VG** **FD**

**+S** **S\***

#### Gluten-Free Toast

8.0

Sourdough or Panini With Butter or Nuttelex, + Honey, Mighty Mite or Home-Made Preserves

**VG** **FD**

#### Banoffee Porridge

14.8

Buckwheat Kernels, Cocount Milk, Torched Banana, Coconut Caramel, Smoked Pepita Brittle

**V** **FD**

**L**

Traces of Soy

#### House-made FODMAP Spiced Beans

15.5

Maple & Cumin Baked Beans, Jalapeno Cornbread + Poached Egg

Vegan Option Available

+Fetta +3.0

**VG** **F**

**+SE**

#### Avo Smash

17.5

On Buckwheat Sourdough with Broccolini, Lime, Coriander, Chilli Fronds, Gomashio

+Poached Egg +2.8

+Fetta +3.0

**VG** **FD**

**+S**

#### Lamington Waffle

19.5

'No-Nut-Ella' Creameux, Raspberry Jam

Sorbet, Coconut Caramel, Chocolate

Soil, Coconut Milk Crisp

### Allergy Legend

**V** Vegetarian

**L** Dairy free

**VG** Vegan

**+S** Contains soy

**S\*** Can be soy free

**E** Egg free

**F** Fructose friendly

**FD** FODMAP friendly

**F\*** Can be made FODMAP

**+SE** Contains Sesame



All dishes are 100% gluten free.



All dishes are 100% nut free.



If it's vegan it is also E, L, V friendly.

Please note there is a 10% Surcharge on Public Holidays

### Allergy Guide

**VG** **FD**

**+S**

#### **Red Robyn Breakfast** **19.2**

Truffled Mac'n'Cheese Croquette, Cherry Tomatoes, Parsnip Puree, Apple-Wood Smoked Broccolini, Porcini Dust, Lemon

+Poached Egg + 2.8

**VG** **FD**

**+S**

#### **Zucchini & Chive Fritter Stack** **18.5**

Miso Roasted Eggplant, Tomato Sugo, Avocado, Blistered Cherry Tomato

+Poached Egg + 2.8  
+Bacon + 4.8

**V** **F\***

**+S** **S\***

\*Depending on Lactose Tolerance

#### **Turkish Cilbir Eggs** **19.0**

House-made Chive Labneh, Poached Eggs, Nigella Roast Pumpkin, Broccolini, Paprika Butter, Dill, Toasted Panini

+Braised Lamb +4.8

**FD**

Traces Of Soy

#### **That's Not The Bacon Rosti** **19.2**

Pumpkin & Jalapeno Cornbread, Maple Bacon, Wilted Spinach, Sage & Burnt Butter Béarnaise

+Poached Egg +2.8

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**L**

#### Eggs & Toast

2 Free Range Eggs any way you like with Matisse Buckwheat Toast

10.5

#### Extras

+Extra Toast, Wilted Spinach, Extra Egg, Burnt Butter Béarnaise

+ 3.0  
Per Item

+Marinated Fetta, Cherry Tomato, Smashed Avo, Labneh, Maple & Cumin Beans

+ 4.5  
Per Item

+Bacon, Braised Lamb, Maple Bacon (add \$1),

+ 5.8  
Per Item

#### Kids Stuff

**L** **FD**

#### Little Brekky

Fried or Poached Egg, One Slice of Toast, Half Serve of Bacon

9.5

**VG** **FD**

#### Little Salad

Quinoa, Roast Vegetables, Lemon

13.0

**VG** **FD**

#### Chocolate Waffle

Raspberry Sorbet, Chocolate Dust

14.0

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	<b>Soup Of The Day</b>	<b>14.0</b>
	Served With Buckwheat Sourdough Toast	
	<b>Pot Pie Of The Day</b>	
	Ask Our Staff For Today's Special	
<b>VG</b> <b>FD</b>	<b>Roast Vegetable Salad</b>	<b>18.8</b>
	Quinoa, Lemon, Parsnip Puree, Ras El Hanout, Smoked Pepita Crunch	
	+Fetta	+30
	+Lamb Shawarma	+4.8
<b>VG</b> <b>FD</b>	<b>Nacho Veggie Bowl</b>	<b>22.0</b>
<b>+S</b>	Avocado, Vegan Cheese Sauce, Cabbage, Jalapeno, Braised Beans, Burnt Corn	
<b>VG</b> <b>FD</b>	<b>That's Not A Vegan Burger</b>	<b>23.5</b>
<b>+S</b>	Truffled Mac'n'Cheese Patty, Chipotle Slaw, Fat Pickle Slices, Spinach, American Mustard, Tomato Relish	
	+Meat Option	+3.5
	+Side Of Sweet Potato Chips	+3.5
<b>VG</b> <b>F</b>	<b>Sweet Potato Chips</b>	<b>9.5</b>
<b>+S</b>	With Chipotle Mayo & Tomato Relish	

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## Hot Drinks

### Coffee

Espresso, Ristretto, Long Black	<b>3.9</b>
Short Macchiato, Long Macchiato	<b>3.9</b>
Latte, 3/4 Latte, Piccolo Latte, Cappuccino, Flat White, Magic	<b>3.9</b>
Chai Latte (Chai Blend is Vegan + FODMAP)	<b>4.2</b>
Golden Latte	<b>5.0</b>
Mocha, Hot Chocolate (Mix is Vegan + Organic)	<b>4.2</b>
+ Chilli, Salted Caramel, Spiced Orange, Peppermint or Gingerbread	+ 0.5
<b>Gingerbread Latte</b>	<b>4.5</b>
<i>Decaf available for all selections</i>	+ 0.4
+Mug size	+ 0.6
+Strong	+ 0.3
+Double shot	+ 0.6
+Lactose free milk, Rice milk, Soy milk	+ 0.5
+Coconut-Rice Milk Blend	+ 0.6
+Coconut milk	+ 1.0

### Tea

English Breakfast, Irish Breakfast, Vanilla Chai, Earl Grey, Lady Grey, French Earl Grey, Green tea	<b>4.0</b>
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### *Caffeine free:*

Rose Garden, Rooibos, Chamomile, Lemongrass & Ginger, Peppermint, Chai blend	<b>4.0</b>
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## Cold Drinks

### **Hepburn Springs drinks** 4.2

Organic Cola, Lemonade, Ginger Beer, Lemon, Lime and Bitters, Mineral Water

### **Organic Kombucha or Kefir Soda** 6.0

Ask Our Staff for Today's Flavours

### **Feast Raw Juices** 7.0

Ask Our Staff for Today's Flavours

### **Milla Organics** 5.0

Orange Juice Or Apple Juice

### **Shakes** 6.5

Chocolate, Choc Mint, Caramel, Salted Caramel, Strawberries and Cream, Espresso

### **Iced Treats** 6.2

Iced Coffee, Iced Chocolate, Iced Mocha, Iced Chai

+Can be made with Rice milk or Soy + 0.5

+Coconut milk + 2.5

Kids size 4.5

### **Cold Coffee** 4.5

Affogato, Iced Latte

Cafe Freddo (tall or short), Cold Drip 5.0

Vegan Vietnamese Iced Coffee