

### Allergy Guide

**VG** **FD**

**+S** **S\***

**L** **FD**

**VG** **FD**

**VG** **FD**

**VG** **FD**

Traces of Soy

#### **Gluten-Free Toast** 8.0

Sourdough, Bagel or Panini With Butter or Nuttelex, + Honey, Mighty Mite or Home-Made Preserves

#### **Breakfast Bagel** 14.5

Kaiserfleisch Bacon Steak, Fried Egg, House-Made HP Relish

Veggie Option Available

+Haloumi +3.0

#### **Forbidden Pudding** 15.0

Black Rice, Chia, Coconut, Blueberry, Ginger, Seed Crumble, Chai Anglaise

#### **Banana Bread Brulee** 18.5

Banana Pannacotta, Blueberry, Honeycomb, Thyme Soil, Coconut Caramel, Popcorn Dust

#### **Vegan Southwest Waffle** 19.5

Sweet Potato Waffle, Vegan BBQ Pulled Pork, Roast Tomato, Breakfast Greens, Chiveonaise

+Tabasco FREE  
+Poached Egg +2.8

### Allergy Legend

**V** Vegetarian

**L** Dairy free

**VG** Vegan

**+S** Contains soy

**S\*** Can be soy free

**E** Egg free

**F** Fructose friendly

**FD** FODMAP friendly

**F\*** Can be made FODMAP

**+SE** Contains Sesame



All dishes are 100% gluten free.



All dishes are 100% nut free.



If it's vegan it is also E, L, V friendly.

Please note there is a 10% Surcharge on Public Holidays

### Allergy Guide

**V** **FD**

**L**

Traces Of Soy

#### FODMAP Mushrooms

18.5

Polenta Rosti, Oyster Mushrooms, Brussel Sprouts, Mushroom Ketchup, Thyme, Soft Boiled Egg & Chiveonaise

Vegan Option Available

+Haloumi + 3.0

**VG** **FD**

#### Fritter Nest

18.2

Curried Pumpkin, Quinoa & Linseed Fritters, Zucchini Noddles, Relish, Potato Crisps, Avocado

+Poached Egg + 2.8

+Bacon Steak + 4.8

**V** **F\***

**S\*** **+SE**

\*Depending on Lactose Tolerance

#### Turkish Cilbir Eggs

19.0

House-made Chilli Labneh, Poached Eggs, Pumpkin Hummus, Greens, Curry Butter, Gremolata, Toasted Panini

#### Red Robyn Breakfast Board

20.0

Avocado, Pumpkin Hummus, Chilli Sambal, Toast, Breakfast Greens, Soft-Boiled Egg, Black Rice Pudding, Blood Orange Shooter

Vegan Option Available

+Haloumi +3.0

+Bacon Steak +4.8

**V** **FD**

**+SE**

### Allergy Legend

**V** Vegetarian

**L** Dairy free

**VG** Vegan

**+S** Contains soy

**S\*** Can be soy free

**E** Egg free

**F** Fructose friendly

**FD** FODMAP friendly

**F\*** Can be made FODMAP

**+SE** Contains Sesame



All dishes are 100% gluten free.



All dishes are 100% nut free.



If it's vegan it is also E, L, V friendly.

Please note there is a 10% Surcharge on Public Holidays

## Allergy Guide

**V** **FD**

**L**

### Eggs & Toast

2 Free Range Eggs any way you like with Mattisse Buckwheat Toast

10.5

### Extras

+Extra Toast, Breakfast Greens, Extra Egg, Home-Made HP Relish

+ 3.0  
Per Item

+Grilled Haloumi, Roast Tomato, Avocado, Chilli Labneh, Thyme Oyster Mushrooms & Brussel Sprouts

+ 4.5  
Per Item

+Kaiserfleisch Bacon Steak, Maple Bacon (add \$1), Polenta Rosti

+ 5.8  
Per Item

**VG** **FD**

**+S**

### Sweet Potato Chips

With Pickle Mayo & House-made HP Relish

9.5

+Spice It Up

+1.0

### Salad of the Day

Please ask our Staff for today's selection

### Something Sweet

Please see our Treats Cabinet at the Register

## Allergy Legend

**V** Vegetarian

**L** Dairy free

**VG** Vegan

**+S** Contains soy

**S\*** Can be soy free

**E** Egg free

**F** Fructose friendly

**FD** FODMAP friendly

**F\*** Can be made FODMAP

**+SE** Contains Sesame



All dishes are 100% gluten free.



All dishes are 100% nut free.



If it's vegan it is also E, L, V friendly.

Please note there is a 10% Surcharge on Public Holidays

### Allergy Guide

**VG** **FD**

**+S**

#### Veggie Pho

Zucchini Noodles, Purplekraut, Bean Shoots, Edamame, Chilli Sambal, Coriander, Master Broth

19.0

+Soft-Boiled Egg +2.8  
+Wagyu Brisket +4.0

**VG** **FD**

**+S** **+SE**

#### Mezze Lunch Board

Pumpkin Hummus, Quinoa & Lined Falafel, Fennel Salad, Sumac, Grilled Capsicum, Black Cumin Gremolata, Olive Crumb, Turkish Croutons

20.0

+Haloumi +3.0

**L** **F**

**E** **+S**

#### Reuben Waffle

Sweet Potato Waffle, Wagyu Pastrami, Sauerkraut, Mustard Greens, Sweet Pickle Mayo, Home-Made HP Relish

23.0

**VG** **FD**

**+S**

#### That's Not A Vegan Burger

BBQ Pulled 'Pork', Roast Capsicum, American Mustard, Avocado Slaw, Tortilla, Mustard Greens, Pickle Mayo

23.5

+Side Of Sweet Potato Chips +3.5

### Allergy Legend

**V** Vegetarian

**L** Dairy free

**VG** Vegan

**+S** Contains soy

**S\*** Can be soy free

**E** Egg free

**F** Fructose friendly

**FD** FODMAP friendly

**F\*** Can be made FODMAP

**+SE** Contains Sesame



All dishes are 100% gluten free.



All dishes are 100% nut free.



If it's vegan it is also E, L, V friendly.

Please note there is a 10% Surcharge on Public Holidays



## Hot Drinks

### Coffee

Espresso, Ristretto, Long Black	<b>3.9</b>
Short Macchiato, Long Macchiato	<b>3.9</b>
Latte, 3/4 Latte, Piccolo Latte, Cappuccino, Flat White, Magic	<b>3.9</b>
Chai Latte (Chai Blend is Vegan + FODMAP)	<b>4.2</b>
Golden Latte	<b>5.0</b>
Mocha, Hot Chocolate (Mix is Vegan + Organic)	<b>4.2</b>
+ Chilli, Salted Caramel, Spiced	
Orange, Peppermint or Banana	+ 0.5
 Gingerbread Latte	 <b>4.5</b>
 <i>Decaf available for all selections</i>	 + 0.4
	+Mug size + 0.6
	+Strong + 0.3
	+Double shot + 0.6
+Lactose free milk, Rice milk, Soy milk	+ 0.5
+Coconut-Rice Milk Blend	+ 0.6
+Coconut milk	+ 1.0

### Tea

English Breakfast, Irish Breakfast, Vanilla Chai, Earl Grey, Lady Grey, French Earl Grey, Green tea	<b>4.0</b>
 <i>Caffeine free:</i>	
Rose Garden, Rooibos, Chamomile, Lemongrass & Ginger, Peppermint, Chai blend	<b>4.0</b>



## Cold Drinks

### Hepburn Springs Drinks

4.2

Organic Cola, Lemonade, Ginger Beer, Lemon, Lime and Bitters, Mineral Water

### Organic Kombucha or Kefir Soda

6.0

Ask Our Staff for Today's Flavours

### Healthy Humans Juices

5.5

Ask Our Staff for Today's Flavours

### Shakes

6.5

Chocolate, Choc Mint, Caramel, Salted Caramel, Banana, Choc-Banana, Strawberries and Cream, Espresso

### Iced Treats

6.2

Iced Coffee, Iced Chocolate, Iced Mocha, Iced Chai

+Can be made with Rice milk or Soy

+ 0.5

+Coconut milk

+ 2.5

Kids size

4.5

### Cold Coffee

Affogato, Iced Latte

4.5

Coffee Tonic - Double Shot Over Ice + Tonic Water & Lime

5.5

Cafe Freddo (tall or short), Cold Drip

5.0

Vegan Vietnamese Iced Coffee